

## Pre-Physical Therapy Requirements

**Introduction:** This information is based on the general requirements of most (>50%) PT programs across the nation. It will be up to each student to research schools of interest and to finalize any remaining requirements.

- PT programs do not require any particular major. Students should select a major based on academic strengths and interests.
- Each student should develop an academic plan based on: the core PT program requirements, requirements needed for their major, and requirements for graduation. [Link](#)
- A draft of your academic plan needs to be reviewed with your advisor from your major.
- PT programs may require a very specific number of volunteering/observation hours under a trained PT in both an in-patient or out-patient setting. Check programs for more information.

## Required by MOST PT Programs

**Chemistry:** 2 Semesters  
CHEM 1031 + CHEM 1033  
CHEM 1032 + CHEM 1034

**Biology:** 1-2 Semesters  
BIOL 1011 or BIOL 1111  
BIOL 1012 or BIOL 1112 or 2112

**Statistics:** 1 Semester  
*(Prerequisites are required for some of the courses listed below)*  
MATH 1013, MATH 1044, PSY 1003, SOC 1167, BIOL 3312, PSY 1167, EPBI 2219

**Anatomy & Physiology:** 2 Semesters  
KINS 1223 (or BIOL 2233)  
KINS 1224 (or BIOL 3334)

**Physics:** 2 Semesters  
*Physics requirement dictated by major.*  
PHYS 1021 (or 1061 or 2021)  
PHYS 1022 (or 1062 or 2022)

**Social and Behavioral Sciences:** 1-3 Semesters  
*Refer to schools of interest if any additional courses are required.*  
SOC 1176 or 1576  
PSY 2201  
PSY 2301

To look up courses please navigate the [bulletin](#).

## Required by SOME PT Programs

**Math:** 1-2 Semesters  
*Math requirements vary greatly. Some schools recommend at or above College Algebra or Precalc.*  
MATH 1021  
MATH 1022

**Medical Terminology:** 1 Semester  
HIM 1101

**English:** 1-2 Semesters  
ENG 0802

**Additional Electives:**  
[Check schools of interest for any additional courses needed](#)

## Sample Timeline

	Fall Semester	Spring Semester	Summer
<b>Year 1</b>	Chemistry I	Chemistry II Psychology	<i>PT Observation Community Service</i>
<b>Year 2</b>	Biology I Anatomy & Physiology I Statistics	Biology II Anatomy & Physiology II	<i>Continue Volunteering</i>
<b>Year 3</b>	Physics I Psych/Soc Elective <i>GRE Prep</i>	Physics II Psych/Soc Elective <i>GRE Prep</i>	<b>GRE Exam Around May/June</b> <b>Apply to PT programs in June</b> <i>Secondary Applications</i>
<b>Year 4</b>	Any Additional Requirements <i>PT Interview</i>	Any Additional Requirements <i>PT Interview</i>	<i>Take a break before starting PT!</i>

This timeline is an example of how you may wish to take courses in a perfect world. **The timing of these courses may change due to placement exams or major requirements.** In addition to these courses, each student will fit in any classes required by their major. Develop an academic plan based on the sequence above that is tailored to your needs so that you and your advisor can discuss your plan.

Visit [Temple's bulletin](#) to view the availability and prerequisites of each course.

## ePortfolio

ePortfolio is a tool that will help students stay organized for a professional school application and allows for detailed advising support from PPHA with time for students to best prepare before applying. Through the ePortfolio process, students will set up a 'mock application' that includes GPAs and professional development experiences. **ePortfolio drafts are due to PPHA June 30<sup>th</sup> two years before students plan to enter professional school.**

*The circle to the right represents four areas that are important for admission to professional school. As you embark on your journey to Physical Therapy program, think about ways to enhance each of these four sections.*



## Applying to PT Programs

**Application Process:** A centralized application service is available through the Physical Therapist Centralized Application Service ([PTCAS](#)) which is administered by the American Physical Therapy Association ([APTA](#)). Applications are submitted one year before students expect to enter a PT program and are available for submission at the end of June. Schools view applicants on a rolling basis – apply early when the application opens!

**Undergraduate Major:** There is no preferred major for physical therapy. Students should select a major that they find interesting and consider a strength.

**GPA:** PT programs will consider a number of different GPAs including a student's overall, math/science, and prerequisite GPA. Math/science GPA is calculated using scores from any course taken in the departments of Biology, Chemistry, Physics, and Math. A Prerequisite GPA includes any course taken as a prerequisite for PT admission. View PTCAS for more information on these different types of GPAs.

**GPAs of 3.4 or above are preferred. GPAs below 3.0 will need to consider Post-Baccalaureate coursework / programs before applying.**

**Graduate Record Examination ([GRE](#)):** Some PT programs require that students complete the GRE which is administered through the Education Testing Service (ETS). This test is often taken the same summer in which the student applies to professional school (one year before walking through the doors of a PT program). Remember, take time to prepare for the exam. Check with schools of interest for preferred percentile scores. Most schools prefer above 50th percentile composite and/or for each section.

**Professional Development:** PT programs will first review your numbers (overall GPA, Math/Science GPA, GRE scores). If these are in a competitive range, they will then assess your extracurricular and volunteer experiences. Many schools have a minimum number of hours that they will prefer that you have observed directly under a PT or PTs. Schools may also request that observation is split between an in-patient and out-patient setting. [Research schools of interest](#) to determine what requirements to aim for.

**Letters of Recommendation:** Letters for PT programs will be sent directly through PTCAS at the time a student applies. Schools generally like to see 2-3 letters of recommendation. Look into schools of interest for more specifics on [what types of letters](#) might be preferred.

### Additional Resources:

American Physical Therapy Association (APTA): [www.apta.org](http://www.apta.org)  
[APTA Becoming a Physical Therapist](#)